



## **RULES & REGULATIONS OF CHAMPIONSHIP CONTESTS**

The following are the duly adopted and agreed to Rules & Regulations for the

UBC \_\_\_\_\_ (Title & Weight) Championship  
Bout between

the Champion / Co-Challenger \_\_\_\_\_

and the Co- / Challenger \_\_\_\_\_

on \_\_\_\_\_.\_\_\_\_\_.20\_\_\_\_ (Day/Month/Year).

Championship contests shall be governed by these Rules & Regulations and will be supervised by the designated UBC Supervisor. The UBC Supervisor must be given a center seat in the technical zone at ringside and shall conduct the tabulation of the scoring and will be the sole arbiter regarding the interpretation of the Rules & Regulations. The UBC Supervisor must be in attendance at every weigh-in and has full authority to administer the Rules & Regulations.

The following Rules & Regulations must be respected, applied and adhered to in order to have the official recognition and licence of the UBC as a championship contest. By accepting these Rules & Regulations, the parties further agree to be bound by the UBC Constitution, By-Laws, and rulings of the UBC Executive and Championship Committees.

## 1.) GENERAL RULES AND REGULATIONS

- 1.1. Each round shall consist of a three (3)-minute (Females: two (2)-minute) duration, with a one (1)-minute rest period between rounds.
- 1.2. Mandatory durations of UBC championship contests are as follows:
  - (a) World Titles: 12 Rounds (Females: 10 Rounds)
  - (b) Intercontinental Titles: 12 Rounds (Females: 10 Rounds)
  - (c) International Titles: 10 Rounds (Females: 10 Rounds)
  - (d) Regional Titles: 10 Rounds
- 1.3. Any UBC World Champion must defend his/her title within six (6) months, any UBC Intercontinental, International or Regional Champion must defend his/her title within six (6) months, otherwise the title may be declared vacant in the discretion of the UBC.
- 1.4. Any UBC Champion that participates in a title bout not sanctioned by the UBC or any non-title bout without the approval of the UBC will be subject, in the discretion of the UBC, to his/her title being declared vacant.  
Notwithstanding the above, the UBC Championship Committee may also vacate a title in case of serious violations of these Rules & Regulations or if the actions of a UBC Champion are deemed harmful to the reputation of professional boxing and/or the UBC.
- 1.5. Upon approval of a championship contest, the UBC Championship Committee may shorten the regular defence period and/or order a mandatory defence. If a UBC Champion is overdue a defence, a mandatory defence may also be ordered.

## 2.) WEIGHT AND WEIGH-IN CEREMONY

- 2.1. Boxers for a UBC championship contest shall weigh-in between 16.00 h and 20.00 h (local time) on the day prior to the scheduled match at a place approved by the local commission and in the presence of the UBC Supervisor on calibrated scales. These scales must be available to both boxers at least two (2) hours prior to the official weigh-in. The weigh-in time may be altered at the discretion of the UBC Supervisor.
- 2.2. Weight determines championships; if either boxer fails to make the prescribed weight by the official weigh-in, either of them have two (2) hours from that time to make the prescribed weight in the presence of the UBC Supervisor. If either or both boxers fail to make the prescribed weight within the additional two (2) hour period, these Rules & Regulations remain in full force and effect

and the contest shall be held as an overweight championship contest or a non-title contest as the case may be.

- 2.3. If a UBC Champion fails to make the prescribed weight and the Challenger makes weight, the UBC Champion shall lose the title at the scales, and the championship shall then and there be declared vacant. The championship may not, however, be won at the scales. The contest shall go forward, and if the Challenger, having made the weight, wins, he shall be the successor of the championship; but if the prior UBC Champion, whose championship was vacated at the scales, wins, the championship shall remain vacant.
- 2.4. If the UBC Champion makes the weight and the Challenger fails to do so, the UBC Champion shall retain the title, regardless of the result of the contest.
- 2.5. If both the UBC Champion and the Challenger fail to make weight, the championship shall not be vacated at the scales and the contest will go forward as a non-title contest and the UBC Champion shall retain the title, regardless of the result of the contest.
- 2.6. If the contest is for a vacant title and one of the Co-Challengers fails to make the weight, the contest will go forward as a championship contest, however, only the boxer who has made the weight can win the title if he/she wins the contest.

### **3.) MEDICAL EXAMINATION AND SAFETY STANDARDS**

- 3.1. In order to encourage the preservation and protection of the health and welfare of the boxers, both must submit all medical reports as required by the local commission having jurisdiction over the contest.
- 3.2. Prior to the contest each boxer must also receive a physical examination and approval by the physician appointed by the local commission. This examination shall either meet the standards and criteria as dictated by the local commission and it is their sole responsibility to assure these standards and criteria are met or the standards and criteria as outlined in "The General Medical Guidelines for UBC Championship Contests".
- 3.3. At least two physicians shall be present at ringside and be seated in close proximity to each boxer's corner.
- 3.4. The promoter and/or the local commission acknowledge that if the contest takes place in the United States of America, they have complied with and met the safety standard requirements as promulgated by the Professional Boxing Safety Act of 1996 and herein indemnify the UBC against any failure to do so.

#### 4.) KNOCKDOWN, KNOCKOUT AND COUNT

- 4.1. A boxer shall be considered “down” when, as a result of a legal blow as ruled by the referee, who is the only person authorized to determine this, any part of their body other than their feet are on the canvas, or if they are hanging helplessly over the ropes, or if they are still rising from the down position and not standing upright.
- 4.2. The Mandatory Eight (8) Count after knockdowns will be standard procedure in all UBC championship contests. There is no Standing Eight (8) Count; there is no Three (3) Knockdown Rule. If in the referees’ judgement the knockdowns have been indecisive and clearly with no injurious effect upon the boxer, the contest may be continued but with good sense and judgement and the boxers’ welfare always paramount.
- 4.3. When a boxer is knocked down, the referee shall audibly announce the count as he motions with his right arm downward indicating the end of each sound of the count. If the boxer taking the count is still down when the referee calls the count of ten (10), the referee shall wave both arms indicating that the boxer has been knocked out.
- 4.4. When a boxer is knocked down, the referee shall order the opponent to the farthest neutral corner of the ring and pick up the count from the timekeeper or the official counting for knockdowns. Should the opponent fail to stay in the corner as directed by the referee, the referee shall stop the count and redirect the boxer to go back to the corner and resume the count at the point that it was interrupted. In the event of any knockdown, the timekeepers count will cease when picked up by the referee whose count shall prevail and be relied on by the boxers.
- 4.5. A boxer shall receive a twenty (20) second count if the boxer is knocked out of the ring and onto the floor. The boxer is to be unassisted by spectators or his/her seconds. If assisted by anyone, the boxer may lose points or be disqualified with such a decision being within the sole discretion of the referee.
- 4.6. A boxer who has been knocked down cannot be saved by the bell in any round. If a boxer is down and the round has terminated, the referee shall continue the count until the boxer rises or is counted out. If a boxer fails to rise before the count of ten (10), he shall be declared the loser by knockout in the round just concluded.

## 5.) THE REFEREE

- 5.1. The referee is the sole arbiter in all championship contests and the only person authorized to stop a contest at any stage if he considers it to be one-sided or if either boxer is in such condition that to continue might subject them to serious injury.
- 5.2. Before any championship contest begins, the referee shall identify the chief second of each boxer and shall hold said chief second responsible for the conduct of their respective corner. Shaking hands by the boxers is recommended immediately following the referee's instructions and prior to the commencement of the final round.
- 5.3. The referee (or the UBC Supervisor) shall examine the bandages and gloves of each boxer before the contest begins to make sure that the gloves are free of any extraneous substance that could be harmful to the opponent, and that the bandages of each boxer are in conformity with the UBC Rules & Regulations.
- 5.4. The referee shall be the only person authorized to determine if injuries were the result of legal blows, accidental fouls or intentional fouls.
- 5.5. The referee may stop the contest and consult with the ringside physician on the medical advisability of a boxers ability to continue. However, the referee is the only person permitted to signal the end of a contest.
- 5.6. The referee and the boxers acknowledge that the referee is not to be an agent, servant or employee of the UBC.

## 6.) THE JUDGES

- 6.1. All championship contests will be evaluated and scored by three judges.
- 6.2. The Ten (10) Point Must System will be the standard system of scoring a contest. Under no circumstances the scoring will be less than 10:6 exclusive of penalty point deductions. Scoring even rounds is not recommended, the judges must take effort to pick a winner of each round.
- 6.3. The scorecards will be picked up after each round and the tally made by the UBC Supervisor. The judges are not allowed to keep a running score.
- 6.4. In the event the contest is stopped and determined by the scorecards, the judges will score the round in which it has been stopped.

## **7.) THE RINGSIDE PHYSICIAN**

- 7.1. The ringside physician may enter the ring during the course of a round only at the request of the referee.
- 7.2. The ringside physician may enter the ring between rounds on their own and advise the referee about the condition of either boxer.

## **8.) THE TIMEKEEPER**

- 8.1. Subject to the requirements and discretion of the local commission, it is the recommendation of the UBC that two timekeepers should be used, but one may suffice. One keeps the time of the rounds, the other is utilized for the knockdown call. Two stopwatches are to be used.
- 8.2. Ten (10) seconds before the interval minutes are up, the timekeeper will sound an acoustic signal and announce "seconds out".
- 8.3. The timekeeper shall indicate the last ten (10) seconds remaining in each round by knocking loudly on a table with a hammer or a similar instrument.
- 8.4. When a boxer is down the knockdown timekeeper shall immediately start counting the elapsed seconds in a loud, clear voice. He shall indicate each elapsed second with progressive upraised fingers until the referee has either taken up his count or told the boxers to box.
- 8.5. It is entirely up to the referee to determine if a knockdown has occurred. If the referee ignores or waves away the timekeeper, then that is the official ruling. If the referee is in the course of applying a count and the round has been completed, the bell indicating the end of the round will not be sounded. If the boxer rises before ten (10) is counted and the referee gives the command box, the bell will be sounded to end the round.
- 8.6. When the referee orders and signals time, the timekeeper shall stop the watch and only restart it when the referee orders box. The timekeeper must always be alert to accept any signals from the referee.

## **9.) THE SECONDS**

- 9.1. Each boxer in a championship contest shall be allowed no more than four (4) seconds. One of these seconds shall be designated the chief second, responsible for the conduct of the corner during the contest. Only one (1) of these seconds is allowed to enter the ring between rounds.

## 10.) FOULS AND INJURIES

The UBC adopts and incorporates by reference the Unified Rules of the Association of Boxing Commissions (ABC) as amended from time to time for all UBC championship contest. As of July 24, 2012, the Unified Rules provide:

10.1. If a boxer sustains an injury from a fair blow and the injury is severe enough to terminate the contest, the injured boxer shall lose by technical knockout (TKO).

10.2. Injuries sustained by fouls:

### (A) Intentional Fouls

1. If an intentional foul causes an injury, and the injury is severe enough to terminate the contest immediately, the boxer causing the injury shall lose by disqualification (DQ).
2. If an intentional foul causes an injury, and the contest is allowed to continue, the referee shall notify the authorities and deduct two (2) points from the boxer who caused the foul. Point deductions for intentional fouls will be mandatory.
3. If an intentional foul causes an injury, and the injury results in the contest being stopped in a later round, the injured boxer will win by TECHNICAL DECISION if he is ahead on the scorecards; and the contest will result in a TECHNICAL DRAW if the injured boxer is behind or even on the scorecards.
4. If a boxer injures himself while attempting to intentionally foul his opponent, the referee will not take any action in his favor, and this injury shall be the same as one produced by a fair blow.
5. If the referee feels that a boxer has conducted himself in an unsportsman-like manner, he may stop the contest and disqualify the boxer.

### (B) Accidental Fouls

1. If an accidental foul causes an injury, and the injury is severe enough to terminate the contest immediately, the contest will result in a NO DECISION if stopped before four (4) completed rounds. Four (4) rounds are complete when the bell rings signifying the end of the fourth round.
2. If an accidental foul causes an injury, and the injury is severe enough to terminate the contest immediately after four (4) rounds have occurred, the contest will result in a TECHNICAL DECISION awarded to the boxer who is ahead on the scorecards at the time the contest is stopped.
3. Partial or incomplete rounds will be scored. If no action has occurred, the round should be scored as an even round. This is at the discretion of the judges.

- 10.3. A boxer who is hit with an accidental low blow must continue after a reasonable amount of time, but no more than five (5) minutes, or he/she will lose the contest.

## 11.) DRUGS AND STIMULANTS

- 11.1. The use of illegal or performance enhancing drugs or other stimulants before or during the contest by any of the boxers shall be sufficient cause for disqualification of the boxer guilty of said use.
- 11.2. Only plain water or approved electrolyte drinks may be given to a boxer in the course of the contest. For the purpose of this paragraph, approved electrolyte drinks shall mean common sports drinks such as Gatorade, Powerade, Accelerade, Cytomax, and G Push, or any other sports drink not expressly prohibited by the World Anti-Doping Agency (WADA).
- 11.3. Lubricants around the eyes is allowed in amounts with the referees' discretion; the use of lubricants, or any other substance on a boxers' arms, legs and body is prohibited.
- 11.4. A discretionary use of coagulants approved by the ringside physician, such as adrenalin (1/1.000), may be allowed between rounds to stop bleeding of minor cuts or lacerations sustained by a boxer during the course of the contest. The use of "iron type" coagulants, such as Monsel's Solution, is absolutely prohibited. The administration of any "iron type" coagulants by or to any boxer is considered as a violation and shall be grounds for disqualification.
- 11.5. Ant-doping testing is mandatory if stipulated in the rules and regulations of the local boxing commission. The UBC encourages all local boxing commissions to conduct anti-doping tests before or after the fight. If the local boxing commission conducts the tests, they shall be administered in accordance with the rules and regulations of the local boxing commission.
- 11.6. The boxer shall indicate at the time of the rules meeting if he is under medication. If the boxer is under medication, he shall provide evidence that he is using it for therapeutic purposes by means of medical certification and such medication must not be prohibited by the local commission. Any drugs prohibited by the local commission or the World Anti-Doping Agency (WADA) shall be considered illegal drugs, whether considered performance enhancing or not and shall subject the violator to loss of title and/or fines at the sole and absolute discretion of the UBC.

## 12.) BANDAGES

- 12.1. In all weight divisions hand bandages shall be restricted to twelve (12) yards (10,973 m) of soft gauze bandage per hand, not more than two (2) inches (0,051 m) in width, held in place by not more than eight (8) feet (2,438 m) of adhesive tape of one-and-a-half (1 ½) inches (0,038 m) of width.
- 12.2. Adhesive tape shall not cover any part of the knuckles when the hand is clenched to make a fist.

## 13.) GLOVES

- 13.1. The weight of the gloves to be used in championship contests shall be as follows:
  - (a) From Strawweight to Welterweight, eight (8) ounce (226,8 g) gloves shall be used.
  - (b) From Superwelterweight to Heavyweight, ten (10) ounce (283,5 g) gloves shall be used.
- 13.2. The weight of gloves to be used is determined by the weight classifications at the official weigh-in, not the weight of the boxers at the time of the contest.
- 13.3. The boxers may, by agreement, determine which brand of gloves are to be used. The boxers may agree that different brands of gloves may be used by each boxer. In the absence of agreement, the promoter shall be responsible to provide no less than four (4) identical pairs of new gloves to be selected by the boxers for use in the championship contest and for back-up. The UBC Supervisor shall be the final authority in any disputes and his ruled shall be binding.

## 14.) RING

- 14.1. The local commission shall verify before the contest that rings used shall be no less than 18 feet (5,486 m) nor more than 24 feet (7,315 m) by side within the ropes.
- 14.2. Four (4) ropes are mandatory for UBC championship contests.

## 15.) PROTECTORS / MOUTHPIECES

- 15.1. The protective cups and mouthpieces shall be compulsory for all boxers participating in championship contests. It is the responsibility of the boxer and the chief second to ensure that the boxer is fitted with the appropriate protection devices before each championship contest.
- 15.2. A championship contest is not to be terminated by a low blow, as the protector that boxers use must be sufficient to withstand any low blow which might incapacitate a boxer.
- 15.3. All boxers are required to have two (2) mouthpieces at the start of the contest. No round can begin without mouthpiece. If the mouthpiece is dislodged during competition, the referee will call time and have it replaced at the first opportune moment without interfering with the immediate action. Points may be deducted by the referee if he feels the mouthpiece is being purposely spit out.

## 16.) MISCELLANEOUS

- 16.1. The champion will wear the UBC Championship Belt when coming into the ring, which will be given to the referee by the champion and passed to the UBC Supervisor ringside. At the end of the contest, before the result is announced, the UBC Supervisor shall be invited into the ring to immediately proceed with the championship belt ceremony.
- 16.2. The UBC does not arrange, promote, organize or produce championship contests. It merely promulgates rules governing the contests, licences the use of its name and awards the UBC Championship Belt to the winner.
- 16.3. The scheduling of contests, safety standards, supplying of safety equipment, ambulances, evacuation and emergency procedures, the provision of doctors or any of the attendant and peripheral matters necessary to supervise and administer any contest for which it has licenced the use of the UBC name are always the responsibility of the promoters under the supervision and control and in accordance with the rules of the local commission. It is the obligation of the promoter and/or the local commission to meet all governmental standards and to pay for any such service provided at the contest.

The parties undersigned hereby agree to participate in the contest and hereby release, discharge and indemnify and keep indemnified the UBC, its officers, agents, and employees, from all claims, actions, demands, judgements and executions which the undersigned, its heirs, executors, administrators, or assigns may have, or claim to have, against the UBC, its officers, agents, and employees from all personal injuries, known or unknown, and injuries to property, real or personal, caused either directly or indirectly, or arising out of the above sporting activities.

We the undersigned explicitly and unequivocally agree that we have read and understood the UBC Rules & Regulations contained herein and shall adhere to these Rules & Regulations. We understand fully the inherent risks involved with the above sporting activity and fully waive all our rights and claims towards the UBC, cause of actions and assume all responsibilities and risks.

We hereby sign these Rules & Regulations freely and voluntarily with complete understanding and knowledge of its significance.

Place and Date: \_\_\_\_\_

Promoter:  
\_\_\_\_\_

Contestant:  
\_\_\_\_\_  
(or Representative)

Contestant:  
\_\_\_\_\_  
(or Representative)

UBC Supervisor:  
\_\_\_\_\_